



**SUNDAY, FEBRUARY 18, 2024**

**Calling all teenagers!** Please join Sis. Brenda Blackmon for a special Youth Training Class on “Basic Foundation for Spiritual Life”, held on the 2nd and 3rd Sundays at 10AM in the Sunday School Room. Meet other teens and learn some helpful lessons.



**Children’s Church** is open today for children ages 3 and up. We will have activity time and snacks.

Don’t have your checkbook and don’t want to download another app to your mobile device? No worries, just take out your phone, go to your camera and scan the QR code on the screen or in the bulletin. Follow the prompts to give your tithes and offering. It’s as easy as 1, 2, 3. Give it a try.



**February is American Heart Month, a time when all people—especially women—are encouraged to focus on their cardiovascular health. This Heart Month, the Division for Heart Disease and Stroke Prevention (DHDSP) is encouraging women to listen to their hearts and speak up for their health.**

**10:00 AM**

**For Your Calendar:**

**Every Tuesday** at 6:45 PM – Bible Study Conference Call, Dial 605-472-5260, Access Code: 253501#.

**Every Wednesday** at 7:00 PM – Hour of Power Prayer Line, Dial 605-313-4118, Access Code is 126049#.

**Every Thursday** at 10:30 AM – Thursday Morning Bible Study, Conference Call, Dial 605-472-5260, Access Code: 253501#  
Worship Service.

**February 24<sup>th</sup> at 10:00 AM** – Ushers Ministry Meeting at FFCC.

The Baptism scheduled for Sunday, February 25<sup>th</sup> has been cancelled.

The Children’s Black History Program will be held on Sunday, February 25, 2024. Rehearsal will be held on Saturday, February 24<sup>th</sup> at 11 AM – 1 PM in the sanctuary. Feel free to wear your African attire that Sunday.

**Tips For Boosting Heart Health:**

1. Don’t Smoke or Use Tobacco
2. Get Moving for 30 – 60 minutes
3. Eat a Heart-Healthy Diet
4. Maintain a Healthy Weight
5. Get Quality Sleep
6. Manage Stress
7. Get Regular Health Screenings
8. Take Steps to Prevent Infections

***FAITH FELLOWSHIP COMMUNITY CHURCH***

***“EMBRACING ONE CHURCH, ONE MIND, ONE CHRIST”***

REV. ROSALEE G. CHARLEY, SENIOR PASTOR ~ 5937-WATT AVENUE ~ NORTH HIGHLANDS, CA 95660-4755

WORSHIP SERVICE - SUNDAYS @ 10:00 AM

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916.339.9156 (VOICE) ~ 916.339.9005 (FACSIMILE)

# Prayer REQUESTS

- Brown, Mary
- Bryant, Diane
- Bullock, James & Jennifer
- Burton, Devonte
- Burton, Helen
- Castro, Modesto
- Coleman, Carl
- Copeland, Vernell
- Davis, Bridgett
- Denson, Carrie
- Donaldson, Reggie
- Edwards, Rachel
- Gordon, Barbara & Dave
- Harris, Shannon
- Hood, James
- Howard, Mary
- Howard, Rosa
- Jackson, Brittany
- Jackson, Kimberly
- Jackson, Travis
- Jefferson, Mary & James
- Johnson, Felicia & Dakoda
- Jones, Gregory
- Kenner, Gary
- Key, Rene'
- Koontzy, Oistine
- LaDay, Joy
- Lopez, Levi
- Lopez Harris, Savannah
- Maiden, Anthony
- Melvin, Archie & Rosemary
- Oliver, Bonnie
- Perry, Deborah Logan
- Phipps, Debra
- Pinkney, Pam
- Pouncy, Christine & Vanessa
- Register-Childs, Kim
- Sherrer, Margaret
- Singleton, Willie
- Thomason, Alfred
- Urolia, Idelma
- Washington, Janaya
- Whitt, Orville & Carlois
- Williams, Dr. Gloria
- Wilson, Robin
- Wyatt, Janet



The FFCC family is in prayer for the family of Sis. Connie Webster (mother of Rhonda Byrd). Her service will be held on Thursday, February 22<sup>nd</sup> at 11:00 AM at New Testament Baptist Church.

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Faith Fellowship also extends its heartfelt sympathy to Sis. Varetta Gardner in the loss of her husband, Bro. Harold Gardner. Viewing is at Noon on February 24<sup>th</sup>. The funeral will follow at 1:00 PM at New Testament Baptist Church.

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The FFCC family is praying for Deacon John Adams and his family in the loss of his sister, Marva Thibadeaux-Wade. The funeral will be held here at Faith Fellowship on March 2<sup>nd</sup> at 11:00 AM.



The story of Black History Month begins in 1915, half a century after the Thirteenth Amendment abolished slavery in the United States.

That September, the Harvard-trained historian Carter G. Woodson and the prominent minister Jesse E. Moorland founded the Association for the Study of Negro Life and History (ASNLH), an organization dedicated to researching and promoting achievements by Black Americans and other peoples of African descent.

Known today as the Association for the Study of African American Life and History (ASALH), the group sponsored a national Negro History week in 1926, choosing the second week of February to coincide with the birthdays of Abraham Lincoln and Frederick Douglass. The event inspired schools and communities nationwide to organize local celebrations, establish history clubs and host performances and lectures.

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