FFCC GOES MAD FOR JESUS: For the remainder of the month of March you are asked to wear your favorite college or professional team basketball shirt. Additionally, you’re asked to take the FFCC challenge by inviting family and friends to join us in fellowship, increase our giving, attend Bible Study and focus on evangelism.

BAPTISMAL SERVICE: Baptism will be held today during the worship service.

ATTENTION YOUNG ADULTS/TEENS: Please remain after service for a brief follow-up meeting in the Joyful Noise Media Room.

CPR CERTIFICATION: The course will be held at the church on Saturday, March 30 from 9:00 AM to 1:00 PM. There are only 10 spaces available. The cost for this course is $20 per person. If you’re interested in attending, please contact the church office to register.

EASTER LILY DONATIONS: Members, we are looking for donations of Easter Lilies. If you would like to donate an Easter Lily for someone special or in memory of a special person, please bring them to the church by Noon on Good Friday, April 19, 2019. The name of your honoree will be printed in the church bulletin. After the Easter Sunday Worship Service all lilies will be donated to patients at local convalescent homes.

BIBLE STUDY & SUNDAY SCHOOL ARE BACK! There are 2 Bible Study classes offered during the week.

- TUESDAY NIGHT BIBLE STUDY: Tuesday Night Teaching (TNT) starts at 6:45 PM on Tuesdays to 8:15 PM.
- Thursday Morning Bible Study starts at 10:30 AM to 12 Noon.
- Sunday School Class is offered at 8:45 AM each Sunday in the Joyful Noise Media Center.

You said you wanted these classes, so look at your calendar and see which works best for you, and plan to attend at least one session during the week. We must study to know God’s Word.

WE’re ALL CALLED TO SERVE: The Hospitality, Children’s Church, and Nursery Ministries are in need of volunteers to assist. If you are interested in serving on any of these ministries, please contact the Administrative Office and you’ll be contacted by the ministry lead.

THE NURSERY & CHILDREN’S CHURCH:

- The Nursery is open today for children ages 0 to 3 years old. Your child may be signed in and out of the Nursery in the Joyful Noise Media Room.
- Children’s Church is open on the 2nd & 3rd Sundays of each month for children 4 to 12 years old. Please go to the back foyer (by the restrooms) to sign your child(ren) in for class.

HEALTH AND WELLNESS TIP: High blood pressure, also known as Hypertension, is the force of blood flowing through your blood vessels consistently high.

Here are ways to lower your blood pressure:

- Diet changes
- Exercise
- Lower sodium intake
- Increase potassium intake with healthy foods

GRACELIFE COOKBOOK FUNDRAISER: The “GraceLife Cookbook Fundraiser” is well on its way to completion. The deadline for submitting recipes is March 30, 2019. Submit all recipes to Frances Morris, Katie Terrell, Millicent Pringle or the Administrative Staff.

MINISTRY OPPORTUNITIES:

We are looking for a few good people to help take our ministry to the next level! If you are a fun-loving person, outgoing, possess great interpersonal skills and are interested in sharing some of your time and energy doing ministry within the church, we would love for you to join us. We have numerous ministries that you can serve on. If you have experience working with sound equipment, video cameras, regular cameras, audio/visual equipment, public speaking and customer service experience and want to assist the church you are encouraged to visit the Administrative Office and provide your name and contact information. We will make sure we find a place for your gift.

UBER, LYFT, YELLOW CAB & PARATRANSLIT RIdERS: Your assistance is needed! If you are being transported by Uber, Lyft, Paratransit, etc., please inform the Hospitality Staff in the church foyer upon your arrival. This will assist the Hospitality Ministry in locating you when your driver arrives for pickup.
**FFCC Membership Roster:** The Administrative Office is in the process of updating the membership information. You are respectfully asked to notify the office of any changes to your name due to marriage, address, phone number and emergency contact.

**Upcoming Events**

**Leadership Training** – April 7, 2019 at 9:30 AM  
**Palm Sunday Service** – April 14, 2019 at 10:00 AM  
**Good Friday Service** - April 19, 2019 at 12:00 Noon  
**Easter Sunday Service** – April 21, 2019 at 9:45 AM

**Community Announcement/Information**

If you are seeking employment, there are numerous job opportunity bulletins posted on the Bulletin Board located in the back of the church near the restroom and right inside the back door as you enter from the back parking lot. Check it out occasionally, you will be surprised at the opportunities that are available to you.

**Prayer & Recovery List**

- Allen, James  
- Alexander, Andre  
- Alexander, Max  
- Anderson, Antoine  
- Banks, Loretta  
- Benjamin, Mother Verna  
- Brooks, Carol  
- Brooks, Juan  
- Brown, Stan  
- Brumfield, Rosella  
- Butler, Jayden  
- Butler, Tyra  
- Coleman, Carl  
- Crumbo, Derik  
- Daniels, Christine  
- Daniels, Marcus  
- Denson, Carrie  
- Denson, George  
- Edwards, Wanda  
- Elkins, Timothy  
- Francis, Willie Mae  
- Gordon, Barbara  
- Gordon, Ina Hope  
- Gordon, W. H.  
- Hart, Anna  
- Hart-Johnson, Jeri & John Johnson  
- Harris, Sr., Derrick  
- Hilton, Monie  
- Holt, Arthur  
- Hudson, George  
- Jackson, Kimberly  
- Jackson, Quincy  
- Jones, Sam  
- Keys, Renee  
- LaDay, Joy  
- Lane, Tyrone  
- McClain, Barbara  
- Mayshack, Loretta  
- Mitchell, Jr., Willie  
- Moore, Alicia  
- Morris, Celia  
- Northover, Islena  
- Oliver, Bonnie  
- Potts, Sequoia  
- Pouncy, Christine & Vanessa  
- Ridgeway, Byron  
- Robinson, Larry  
- Robinson, Robert  
- Rowan, Belinda  
- Scott, Cindy  
- Scott, Lisa  
- Scott, Ted  
- Taylor, Eva  
- Taylor, Jason  
- Webster, Connie  
- Wilkins, Timothy  
- Williams, Jefferson  
- Williams, Sarai  
- Wilson, Robin  
- Wyatt, Jannett