

FALL CONSECRATION SCHEDULE

2018

OCTOBER

SUN	MON	TUE	WED	THU	FRI	SAT
30 <u>Consecration Begins:</u> Midnite	1 Fast Until 4 pm <u>Prayer Focus:</u> Unity in the Body	2 Fast Until 4pm <u>Prayer Focus:</u> Unity in the Body	3 Fast Until 4pm <u>Prayer Focus:</u> Unity in the Body	4 Fast Until 4 pm <u>Prayer Focus:</u> Unity in the Body	5 Fast Until 4 pm <u>Shut-In Focus:</u> Unity in the Body Shut In 8p-12a	6 Consecration Ends: After Midnite Communion
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3
4	5	FFCC CONSECRATION SCHEDULE Mon 10/1-Fri 10/5 until 4 pm; Shut-In Fri 10/5 from 8 pm-Midnite				

FFCC Season of Fasting & Prayer

Mon-Fri until 4pm/Prayer Service Fri until Midnite

- **Abstain from all solid foods.**
- **Consume only juices, vegetable broth, and water.**
- **After 4pm, consume no meat other than fish and poultry.**
- **No pork, no beef, no lamb, no shelled seafood, no shrimp, no crab, no lobster, etc.**
- **Consume no desserts or sweets other than fruits and natural sweets.**
- **No candy, no ice cream, no sodas, etc.**

Children/Medical Condition

Attitude of prayer everyday until 4pm.

- **Consume no liquids other than juices and water.**
- **Consume no meat other than fish and poultry.**
- **No pork, no beef, no lamb, no shelled seafood, no shrimp, no crab, no lobster, etc.**
- **Consume no desserts or sweets other than fruits and natural sweets.**
- **No candy, no ice cream, no sodas, etc.**

FALL CONSECRATION SCHEDULE

2018

OCTOBER

SUN	MON	TUE	WED	THU	FRI	SAT
30 <u>Consecration Begins:</u> Midnite	1 Fast Until 4 pm <u>Prayer Focus:</u> Unity in the Body	2 Fast Until 4pm <u>Prayer Focus:</u> Unity in the Body	3 Fast Until 4pm <u>Prayer Focus:</u> Unity in the Body	4 Fast Until 4 pm <u>Prayer Focus:</u> Unity in the Body	5 Fast Until 4 pm <u>Shut-In Focus:</u> Unity in the Body Shut In 8p-12a	6 Consecration Ends: After Midnite Communion
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3
4	5	FFCC CONSECRATION SCHEDULE Mon 10/1-Fri 10/5 until 4 pm; Shut-In Fri 10/5 from 8 pm-Midnite				

FALL 2018 CONSECRATION

Focus: Unity

EIGHT (8) REASONS WE FAST

1. Because Christ expects us to fast.
2. For guidance.
3. For intensity in prayer.
4. Because of grief.
5. To show humility in the presence of God.
6. For worship.
7. For spiritual strength and power.
8. To draw closer to God.

FALL 2018 CONSECRATION

Focus: Unity

Matthew 6:16-18

“Moreover, when ye fast, be not, as the hypocrites...”

Mark 9:17-29

“...This kind can come forth by nothing, but by prayer and fasting.”

Isaiah 58:1-14

Watch how you treat people. Bickering, Backbiting, Rebellious, Mean, Nasty Attitude –

Your fasting will get no results. Instead, attend to needs of others. Take care of your household.