

**Message:**

**“WHO IT IS?”  
#SpiritVersusSoul**

**From the Series:**

**“GROWN FOLK’S BUSINESS”**

# TRICHOTOMY OF MAN

Spirit

Soul

Body

## 1 Thessalonians 5:23 ESV

<sup>23</sup> Now may the God of peace Himself sanctify you completely, and may your whole spirit and soul and body be kept blameless at the coming of our Lord Jesus Christ.

# IMAGE/LIKENESS OF GOD

Image = Reflection

Likeness = Imitation

# TRIPARTITE/TRICHOTOMOUS

Man is a SPIRIT, has a SOUL,  
lives in a BODY.

# BODY

- Earth suit.
- Temporary dwelling place.

## 2 Corinthians 5:1 (ESV)

<sup>1</sup> For we know that if the tent that is our earthly home is destroyed, we have a building from God, a house not made with hands, eternal in the heavens.

# SOUL

- Nephesh/Psuche – Appetite, Self, Desire, Passion
- Mind, will, emotion, intellect
- The ENEMY communicates with you through your soul

## Genesis 2:7 (KJV)

<sup>7</sup> And the Lord God formed man of the dust of the ground, and breathed into his nostrils the breath of life; and man became a living soul.

# 1 GENESIS 3:1-5 (NASB)

<sup>1</sup> Now the serpent was more crafty than any beast of the field which the Lord God had made. And he said to the woman, “Indeed, has God said, ‘You shall not eat from any tree of the garden’?” <sup>2</sup> The woman said to the serpent, “From the fruit of the trees of the garden we may eat; <sup>3</sup> but from the fruit of the tree which is in the middle of the garden, God has said, ‘You shall not eat from it or touch it, or you will die.’” <sup>4</sup> The serpent said to the woman, “You surely will not die! <sup>5</sup> For God knows that in the day you eat from it your eyes will be opened, and you will be like God, knowing good and evil.”

## LUKE 4:1-13 (ESV)

<sup>1</sup> And Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness <sup>2</sup> for forty days, being tempted by the devil. And he ate nothing during those days. And when they were ended, he was hungry. <sup>3</sup> The devil said to him, “If you are the Son of God, command this stone to become bread.”<sup>4</sup> And Jesus answered him, “It is written, ‘Man shall not live by bread alone.’” <sup>5</sup> And the devil took him up and showed him all the kingdoms of the world in a moment of time, <sup>6</sup> and said to him, “To you I will give all this authority and their glory, for it has been delivered to me, and I give it to whom I will.

<sup>7</sup> If you, then, will worship me, it will all be yours.” <sup>8</sup> And Jesus answered him, “It is written, “You shall worship the Lord your God, and him only shall you serve.”” <sup>9</sup> And he took him to Jerusalem and set him on the pinnacle of the temple and said to him, “If you are the Son of God, throw yourself down from here, <sup>10</sup> for it is written, “He will command his angels concerning you, to guard you,” <sup>11</sup> and “On their hands they will bear you up, lest you strike your foot against a stone.”” <sup>12</sup> And Jesus answered him, “It is said, ‘You shall not put the Lord your God to the test.’” <sup>13</sup> And when the devil had ended every temptation, he departed from him until an opportune time.

# SPIRIT

- The real you.
- Your connection to God.
- GOD communicates with you through your spirit

## Proverbs 20:27 (ESV)

<sup>27</sup> The spirit of man is the lamp of the Lord...

## HEBREWS 4:12 ESV

<sup>12</sup> For the word of God is living and active, sharper than any two-edged sword, piercing to the division of soul and of spirit, of joints and of marrow, and discerning the thoughts and intentions of the heart.

**Spirit Man Was Resurrected  
With Christ, But We Have To  
Take It Off Life Support And  
Build Up The Spirit Man**

# HOW TO BUILD UP YOUR SPIRIT MAN

## 1. Feed on the Word of God

<sup>3</sup> And he humbled you and let you hunger and fed you with manna, which you did not know, nor did your fathers know, that he might make you know that man does not live by bread alone, but man lives by every word that comes from the mouth of the Lord.

Deuteronomy 8:3 (ESV)

# HOW TO BUILD UP YOUR SPIRIT MAN

1. Feed on the Word of God
2. Meditate in the Word of God

<sup>8</sup> This Book of the Law shall not depart from your mouth, but you shall meditate on it day and night, so that you may be careful to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success.

Joshua 1:8 (ESV)

# HOW TO BUILD UP YOUR SPIRIT MAN

1. Feed on the Word of God.
2. Meditate in the Word of God.
3. Practice the Word of God.

<sup>22</sup> But be doers of the Word,  
and not hearers only,  
deceiving yourselves.

James 1:22 (ESV)

# HOW TO BUILD UP YOUR SPIRIT MAN

1. Feed on the Word of God.
2. Meditate in the Word of God.
3. Practice the Word of God.
4. Give the Word of God First Place.

<sup>20</sup> My son, give attention to my words; Incline your ear to my sayings. <sup>21</sup> Do not let them depart from your sight; Keep them in the midst of your heart. <sup>22</sup> For they are life to those who find them and health to all their body.

Proverbs 4:20-22 (NASB)

# HOW TO BUILD UP YOUR SPIRIT MAN

1. Feed on the Word of God.
2. Meditate in the Word of God.
3. Practice the Word of God.
4. Give the Word of God First Place.
5. Exercise your faith.

<sup>20</sup> The just shall live by faith...

Habakkuk 2:4, Romans 1:17,  
Galatians 3:11, Hebrews 10:38  
(NKJV)

# HOW TO BUILD UP YOUR SPIRIT MAN

1. Feed on the Word of God.
2. Meditate in the Word of God.
3. Practice the Word of God.
4. Give the Word of God First Place.
5. Exercise your faith.
6. Pray in the Holy Spirit.

<sup>20</sup> But you, beloved, building yourselves up on your most holy faith; praying in the Holy Spirit...

Jude 20 (NASB)

# HOW TO BUILD UP YOUR SPIRIT MAN

1. Feed on the Word of God.
2. Meditate in the Word of God.
3. Practice the Word of God.
4. Give the Word of God First Place.
5. Exercise your faith.
6. Pray in the Holy Spirit.
7. Speak in “tongues.”

<sup>4</sup> One who speaks in a tongue edifies himself, but the one who prophesies edifies the church.

1 Corinthians 14:4 (ESV)

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