

2018

JANUARY

SUN	MON	TUE	WED	THU	FRI	SAT
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
Consecration Begins <u>Fast/Prayer Focus:</u> Unity and Oneness	<u>Fast/Prayer Focus:</u> Personal Responsibility	<u>Fast/Prayer Focus:</u> Address Blessing Blockers	<u>Fast/Prayer Focus:</u> Alignment of Thoughts	<u>Fast/Prayer Focus:</u> Alignment of Speech	<u>Fast/Prayer Focus:</u> Alignment of Conduct	<u>Fast/Prayer Focus:</u> No Division Among Us
<u>Fast/Prayer Focus:</u> Unity and Oneness	<u>Fast/Prayer Focus:</u> Personal Responsibility	<u>Fast/Prayer Focus:</u> Address Blessing Blockers	<u>Fast/Prayer Focus:</u> Alignment of Thoughts	<u>Fast/Prayer Focus:</u> Alignment of Speech	<u>Fast/Prayer Focus:</u> Alignment of Conduct	<u>Fast/Prayer Focus:</u> No Division Among Us
4 Consecration Ends <u>Fast/Prayer Focus:</u> Unity and Oneness	5	<h2 style="text-align: center;">FFCC CONSECRATION SCHEDULE</h2> <p style="text-align: center;">Mon-Fri until 5 pm; Sat-Sun until 2 pm</p>				

FFCC Season of Fasting & Prayer

Weekdays until 5pm, Weekends until 2pm

- **Abstain from all solid foods.**
- **Consume only juices, vegetable broth, and water.**
- **After 5pm, consume no meat other than fish and poultry.**
- **No pork, no beef, no lamb, no shelled seafood, no shrimp, no crab, no lobster, etc.**
- **Consume no desserts or sweets other than fruits and natural sweets.**
- **No candy, no ice cream, no sodas, etc.**

Children/Medical Condition

Attitude of prayer everyday until 4pm.

- **Consume no liquids other than juices and water.**
- **Consume no meat other than fish and poultry.**
- **No pork, no beef, no lamb, no shelled seafood, no shrimp, no crab, no lobster, etc.**
- **Consume no desserts or sweets other than fruits and natural sweets.**
- **No candy, no ice cream, no sodas, etc.**

2018

JANUARY

SUN	MON	TUE	WED	THU	FRI	SAT
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21 Consecration Begins <u>Fast/Prayer Focus:</u> Unity and Oneness	22 <u>Fast/Prayer Focus:</u> Personal Responsibility	23 <u>Fast/Prayer Focus:</u> Address Blessing Blockers	24 <u>Fast/Prayer Focus:</u> Alignment of Thoughts	25 <u>Fast/Prayer Focus:</u> Alignment of Speech	26 <u>Fast/Prayer Focus:</u> Alignment of Conduct	27 <u>Fast/Prayer Focus:</u> No Division Among Us
28 <u>Fast/Prayer Focus:</u> Unity and Oneness	29 <u>Fast/Prayer Focus:</u> Personal Responsibility	30 <u>Fast/Prayer Focus:</u> Address Blessing Blockers	31 <u>Fast/Prayer Focus:</u> Alignment of Thoughts	1 <u>Fast/Prayer Focus:</u> Alignment of Speech	2 <u>Fast/Prayer Focus:</u> Alignment of Conduct	3 <u>Fast/Prayer Focus:</u> No Division Among Us
4 Consecration Ends <u>Fast/Prayer Focus:</u> Unity and Oneness	5	<h2>FFCC CONSECRATION SCHEDULE</h2> <p>Mon-Fri until 5 pm; Sat-Sun until 2 pm</p>				

JANUARY 21-FEBRUARY 5, 2018

CONSECRATION

EIGHT (8) REASONS WE FAST

- 1. Because Christ expects us to fast.**
- 2. For guidance.**
- 3. For intensity in prayer.**
- 4. Because of grief.**
- 5. To show humility in the presence of God.**
- 6. For worship.**
- 7. For spiritual strength and power.**
- 8. To draw closer to God.**

JANUARY 21-FEBRUARY 5, 2018

CONSECRATION

Matthew 6:16-18

“Moreover, when ye fast, be not, as the hypocrites...”

Mark 9:17-29

“...This kind can come forth by nothing, but by prayer and fasting.”

Isaiah 58:1-14

Watch how you treat people. Bickering, Backbiting, Rebellious, Mean, Nasty Attitude –

Your fasting will get no results. Instead, attend to needs of others. Take care of your household.

RESULTS – THE LORD’S FAST

- **Healing will spring forth.**
- **Your righteousness will open doors for you.**
- **The glory of the Lord will safeguard you.**
- **Your prayers will be answered.**
- **God will move mightily on your behalf.**
- **God will be with you, guide you, prosper you.**